

## Think Family checklist for practitioners

- Have I asked who makes up the family and understood the role(s) of each family member and how these relate to each other?
- Do I know everyone who lives in the household or has regular contact with the child or adult I am supporting?
- Do I have a picture of the family as a whole (this might be in the form of a genogram)?
- Have I understood all the current demands on the family and their levels of resilience to manage these demands?
- Have I considered the family's strengths and what is working well for them?
- Have I considered if other family members are in need of support or are at risk? Do I know what support the family might want?
- Have I explored caring responsibilities for any family member?
- Do I know if other practitioners are working with the family?
- Have I explored what the family's solutions to their support needs might look like?
- Have I been open and honest about my concerns as a professional?
- Have I made any assumptions about the family?
- Have I taken my concerns to supervision with my manager/team?
- Have I considered what may make a difference for the family?

### SOME OF OUR "THINK FAMILY" PRINCIPLES



● TIMELINESS

● CULTURAL UNDERSTANDING

● MULTI-AGENCY APPROACH

● SHARED RESPONSIBILITY